



Aframsouth Inc.

Annual Report Summary 2023

During the 2024 year of service Aframsouth has provided services in the areas of media, health care advocacy, and community education. Grant funded programs provided services in Montgomery, Alabama and Thomaston, Marengo County, Alabama. Significant accomplishments were made during 2023 in the following areas.

FCC Low Power Radio Station Renewal

WUMO LP 94.5 FM Montgomery, AL. www.wumolpfm.org

In February 2023 Aframsouth received the license renewal for WUMO LP 94.5 FM in Montgomery, Alabama. The expiration date for this license is April 1, 2028. The renewal opened the door for new and exciting opportunities for programming. The station continues to be located at 13 Arlington Road in Montgomery, Alabama.

CDC Ending the HIV Epidemic Grant/A Woman's Worth Health and Wellness Radio Program



In 2023, grant funding from the CDC (Centers for Disease Control) and the Alabama Department of Public Health continued with the production of A Woman's Worth Health and Wellness Radio Program on WUMO LP 94.5 FM in Montgomery. Hosted by Dr. Pamela Payne Foster and Reashanda White, the program provided informative radio programs on HIV/AIDS prevention and related health issues. The programs were heard by listeners in Montgomery, Alabama and parts of Prattville, Alabama. Program episodes were also available on the podcast platforms of Apple and Spotify. See the following links:

<https://open.spotify.com/show/6q7E7Efi8ThshvFSLzBz2?si=74e6405389c844b2>

[A Woman's Worth: Health and Wellness Radio on Apple Podcasts](#)

WUMO LP 94.5 FM Radio Programs

WUMO LP 94.5 FM programs can be heard online at the following web site:

<https://wumolpfm.org>

As an affiliate of the Pacifica Radio Network WUMO utilizes Pacifica programming from throughout the Country. Local shows include Community Forum with Kirsten Barnes, Frontline with DJ Ced the Scientist, A Word for Toddy, Climate Connections, and the award-winning program Democracy Now. Special programming included the production of Wake Up Everybody on WUMO LP Radio with host Bill Foster.

Pacifica Foundation Board of Directors

WUMO LP's General Manager Bill Foster, Aframsouth Executive Director served as a member of the Pacifica Foundation National Board of Directors for one year, the entire year of 2023.

Black Belt Rising

The Alabama Black Belt Rising Project aims to build spiritually resilient residents through expressions of character, fueling social connectedness, promoting healthy lifestyles, and improving the health outcomes of the underserved Alabama Black Belt residents. Aframsouth received a grant in the amount of \$67,000.00 from the Ardmore Foundation to conduct educational programs at Sidney Chapter AME Zion Church in Thomaston, Maran go County, Alabama. The program

[Black Belt Rising__PresentationV2.pdf](#)

